

#### **Company Update**

## **First REIT**

Ada Lim, CESGA Equity Research

Singapore | Real Estate

Rating BUY (as at 7 April 2025)

Last Close SGD 0.265 Fair Value SGD 0.270

## Revisiting our FX assumptions

- First REIT's distribution per unit (DPU) has suffered from FX headwinds in recent years, and we see risks to FY25 DPU on further IDR weakness
- Progress relating to First REIT's 2.0 Growth Strategy could still present a near term catalyst, in our view
- Maintain fair value (FV) estimate of SGD0.27; upgrade rating to BUY on the basis of total returns

## Investment thesis

First REIT is a Singapore-listed healthcare real estate investment trust (REIT) with a portfolio of 32 nursing homes and hospitals located in Singapore, Japan, and Indonesia. Its relatively long weighted average lease expiry (WALE) of 10.6 years as at 31 Dec 2024 provides strong cash flow visibility, while built-in rental escalation clauses in its well-structured master leases provide potential for rental growth and upside sharing with tenants. Structural megatrends such as an ageing population and increasing demand for quality healthcare continue to support demand for First REIT's assets. Under its 2.0 Growth Strategy, First REIT seeks to diversify across tenants and geographies, which would improve its risk profile. At the start of 2025, First REIT announced that it had received a preliminary nonbinding letter of intent (LOI) from PT Siloam International Hospitals Tbk (Siloam) to acquire its portfolio of hospital assets in Indonesia, and is currently in the midst of a strategic review to assess the LOI and explore its strategic options.

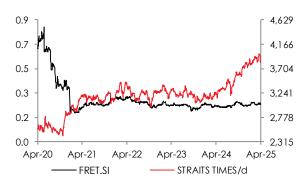
## Investment summary

 We like healthcare S-REITs during times of volatility for their defensive nature and high level of cash flow visibility, but caution that FX is likely to remain a headwind for First REIT – We note that, in recent years, First REIT's DPU has declined largely due to FX headwinds. FY24 rental income and net property income (NPI) had slipped 5.9% and 6.5%, respectively, due to the weakening of JPY and IDR against the

### **Security information**

Ticker	FRET.SI
Market Cap (SGD b)	0.6
Daily turnover (SGD m)	1.2
Free Float	62%
Shares Outstanding (m)	2,094
Top Shareholder	OUE Healthcare Ltd. 32.3%

## Price performance chart



#### **Financial summary**

SGD m	FY24	FY25E	FY26E
Rentalincome	102.2	101.2	105.8
Net property income	98.5	97.6	102.1
Total return for the year	36.8	48.2	51.3
Distribution to unitholders	50.1	48.7	50.8
DPU (S cents)	2.36	2.32	2.40

#### **Key ratios**

	FY24	FY25E	FY26E
Distribution yield (%)	8.9	8.7	9.0
P/NAV (x)	0.93	0.95	0.97
NPI margin (%)	96.3	96.4	96.5
Aggregate leverage (%)	39.6	39.6	39.9

Source: Refinitiv, REIT Manager, Internal estimates



SGD. In local currency terms, rental income from the Japanese nursing homes were flat while that from the Indonesian assets had grown 4.7%. The IDR has come under significant pressure year-to-date (YTD), and we think there are risks of further IDR weakness, especially if a global growth slowdown triggered by President Trump's worse-than-expected tariffs places pressure on commodity prices. Consequently, we also see risks of further DPU decline for First REIT this year, especially given its sizeable exposure to Indonesia (82.4% of FY24 rental income), though this may be partially mitigated by JPY appreciation.

- Progress relating to 2.0 Growth Strategy could still present a near-term catalyst – To recap, First REIT announced in mid-Jan 2025 that it had received a preliminary non-binding LOI from Siloam - an existing tenant and operator – to acquire its portfolio of assets in Indonesia. First REIT has kickstarted a strategic review to assess the LOI and explore its strategic options, though no concrete timeline has been provided, and there is no certainty or assurance that any transaction will materialize from the strategic review or LOI. It is too early, we think, to comment on whether the sale of the Indonesian assets is a positive, as this would also be dependent on details around the sale consideration, how the proceeds are deployed, and - if they are used to acquire new assets and reconstitute the portfolio - the quality of and yield on those acquisitions.
- Maintain FV estimate of SGD0.27 All things considered, we finetune our assumptions and trim our FY25 DPU forecast by 0.9%, while nudging our FY26 DPU forecast up by 0.4%. In the balance of things, our FV estimate remains intact at SGD0.27, but we upgrade our rating from HOLD to BUY given that the recent retracement in share price has made the REIT more attractive from a total return perspective.

## **ESG** Updates

 Continued engagement on **environmental considerations** – First REIT's reported Scope 3 emissions from its operations in Singapore and Indonesia have improved from FY23 to FY24. While First REIT does not have operational control over its properties, which are leased to related or third parties on master lease arrangements, it seeks to regularly engage its to implement environment-friendly operators initiatives. In FY24, First REIT allocated over SGD1.3m in CAPEX for this purpose. This included improvements like the installation of energy-efficient air conditioner and air handling units, replacement of energy-

7 April 2025



efficient LED emergency lights, as well as lift modernisation.

- Fostering social good First REIT remains committed
  to providing a diverse, equitable, and inclusive
  workplace, and adopts the Tripartite Alliance for Fair
  & Progressive Employment Practices (TAFEP)
  guidelines. As of Dec 2024, women made up 70% of
  its workforce. During FY24, there were no incidents of
  discrimination, and each employee spent 25 hours on
  training, meeting the REIT's target.
- Compliance with regulations and ethical business practices First REIT has put in place policies covering conflict of interest, whistle blowing, anti-money laundering, anti-bribery and anti-corruption, dealing in securities, and related party transactions. As a healthcare player, First REIT places particular emphasis on the prevention of data breaches; hence, it has put in place its own personal data protection policy to enhance personal data protection.

## Potential catalysts

- DPU-accretive acquisitions
- Capital recycling from divestment of non-core assets
- Stronger-than-expected financial performance at Siloam results in faster rental escalation at 8% of hospital's gross operating revenue
- Successful negotiation for more favourable lease terms during lease renewal

## Investment risks

- Execution risks of implementing 2.0 Growth Strategy and rejuvenating portfolio
- Significant depreciation of IDR or JPY against SGD
- Tenant default

#### Valuation analysis

	Price/Earnings		Price/Book		EV/EBITDA		Dividend Yield (%)		ROE (%)	
	FY25E	FY26E	FY25E	FY26E	FY25E	FY26E	FY25E	FY26E	FY25E	FY26E
FIRST REAL ESTATE INVESTMENT TRUST (FRET.SI)	10.2	10.2	N.A	N.A	N.A	N.A	9.1	9.1	N.A	N.A
PARKWAY LIFE REAL ESTATE INVESTMENT TRUST (PWLR.SI)	25.4	23.5	1.7	1.4	27.3	26.3	3.6	4.2	8.2	8.1
HEALTHCARE & MEDICAL INVESTMENT CORP (3455.T)	N.A	N.A	N.A	N.A	N.A	N.A	N.A	N.A	N.A	N.A

Source: Refinitiv



## **Historical Price/Book**



## **Historical Distribution Yield**



Source: Refinitiv



## Company overview (as of 21 February 2024)

## **Company description**

First Real Estate Investment Trust (First REIT) was the first healthcare real estate investment trust to list on the Singapore Exchange in Dec 2006. Its vision is to become Asia's premier healthcare trust, by investing in diverse, yield-accretive healthcare and healthcare-related real estate assets within and outside of Asia. As at 31 Dec 2024, First REIT has a portfolio of 32 properties across Asia, with a total asset value of SGD1.12b. These include three nursing homes in Singapore; 14 nursing homes in Japan; and 15 properties in Indonesia comprising 11 hospitals, two integrated hospitals and malls, an integrated hospital and hotel, and a hotel and country club. The REIT's healthcare properties in Indonesia are operated by PT Siloam International Hospitals Tbk, while its healthcare properties in Singapore and Japan are operated by well-established third-party operators.

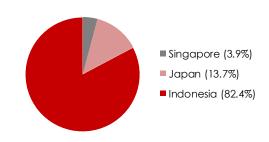
First REIT is managed by First REIT Management Limited, which is headquartered in Singapore. Its sponsors are OUE Limited and OUE Lippo Healthcare Limited, which hold a combined stake in First REIT of 45.2% as at 31 Dec 2024.

#### Net Property Income (SGD m)



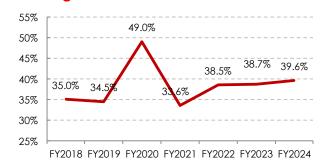
Source: REIT Manager

## FY24 Rental Breakdown (by geography)



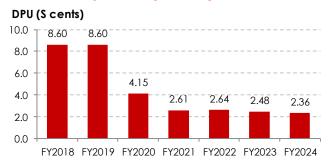
Source: REIT Manager

## **Gearing Ratio Trend**



Source: REIT Manager

## Distribution per unit (S cents)



Source: REIT Manager



# Company financials Income Statement

In Millions of SGD except Per Share	FY2020	FY2021	FY2022	FY2023	FY2024
12 Months Ending	31/12/2020	31/12/2021	31/12/2022	31/12/2023	31/12/2024
Revenue	79.6	102.3	111.3	108.6	102.2
- Cost of Revenue	12.0	11.6	13.5	13.7	13.8
Gross Profit	67.6	90.8	97.8	94.9	88.4
+ Other Operating Income					
- Operating Expenses	4.3	1.0	2.2	1.0	1.2
Operating Income or Losses	63.4	89.8	95.7	93.9	87.2
- Interest Expense	17.8	17.0	19.4	22.7	22.8
- Foreign Exchange Losses (Gains)					
- Net Non-Operating Losses (Gains)	403.8	-3.0	24.3	-7.0	13.9
Pretax Income	-358.2	75.8	52.0	78.2	50.6
- Income Tax Expense (Benefit)	-5.8	12.7	18.4	14.9	13.8
Income Before XO Items	-352.4	63.1	33.6	63.3	36.8
- Extraordinary Loss Net of Tax					
- Minority/Non Controlling Interests (Credits)					
Net Income/Net Profit (Losses)	-352.4	63.1	33.6	63.3	36.8
Net Inc Avail to Common Shareholders	-355.8	59.9	31.0	61.7	35.1
Abnormal Losses (Gains)					
Tax Effect on Abnormal Items					
Normalized Income	-352.4	62.2	34.0	63.3	36.8
Basic Earnings per Share	-0.4	0.0	0.0	0.0	0.0
Basic Weighted Avg Shares	882.9	1,499.4	1,981.6	2,067.9	2,086.2
Diluted EPS Before Abnormal Items	-0.4	0.0	0.0	0.0	0.0
Diluted EPS Before XO Items	-0.4	0.0	0.0	0.0	0.0
Diluted EPS	-0.4	0.0	0.0	0.0	0.0
Diluted Weighted Avg Shares	882.9	1,499.4	1,981.6	2,067.9	2,086.2

## **Profitability Ratios**

	FY2020	FY2021	FY2022	FY2023	FY2024
12 Months Ending	31/12/2020	31/12/2021	31/12/2022	31/12/2023	31/12/2024
Returns					
Return on Common Equity	-53.93	10.74	4.71	9.31	5.43
Return on Assets	-28.98	6.14	2.99	5.31	3.13
Return on Capital	5.52	3.76	3.47	3.30	3.35
Return on Invested Capital	-	8.85	5.61	6.22	5.64
Margins					
Operating Margin	57.20	71.10	68.49	65.61	63.04
Incremental Operating Margin	0.80	1.24	0.96	0.96	0.96
Pretax Margin	-449.93	74.07	46.69	72.04	49.48
Income before XO Margin	-442.62	61.67	30.18	58.34	35.96
Net Income Margin	-446.91	58.53	27.87	56.82	34.33
Net Income to Common Margin	-446.91	58.53	27.87	56.82	34.33
Additional					
Effective Tax Rate	-	16.75	35.36	19.02	27.33
Dvd Payout Ratio	-9.24	64.59	167.28	82.53	139.12
Sustainable Growth Rate	-53.98	10.67	4.63	9.23	5.35

## **Credit Ratios**

	FY2020	FY2021	FY2022	FY2023	FY2024
12 Months Ending	31/12/2020	31/12/2021	31/12/2022	31/12/2023	31/12/2024
Total Debt/EBIT	7.90	3.94	4.69	4.82	5.22
Net Debt/EBIT	7.58	3.37	4.21	4.38	4.82
EBIT to Interest Expense	3.47	5.20	4.94	4.12	3.81
Long-Term Debt/Total Assets	29.22	23.82	37.51	37.81	39.00
Net Debt/Equity	1.01	0.46	0.61	0.62	0.66

Source: Refinitiv





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